

Cataract Surgery Pre-op instructions

Because cataract surgery involves the insertion of an artificial intraocular lens to replace the cloudy lens that forms the cataract, a measurement of the eye is needed to calculate the most appropriate lens power for your eye. This is called an A Scan. The A Scan will be performed at Ivanhoe Eye Clinic by the orthoptist at an appointment prior to your cataract operation. Contact lens wearers should ensure their contact lenses are removed for several days before measurements are taken. Your doctor should advise you on the required time frame.

At the time the A Scan is performed, it is a good opportunity to discuss any concerns you have regarding your future cataract operation with your doctor.

Admission forms for the hospital or day surgery facility will be given to you at this visit. Please bring a list of your medication as well as Medicare/Veterans Affairs/Health Insurance/Pension Cards. Your next of kin information and contact details would also be helpful.

Fasting:

Cataract Surgery is normally performed under local anaesthetic however fasting is still required:

- For morning surgery, nothing to eat after midnight the night before.
- For afternoon surgery, a light breakfast may be eaten, but nothing to eat for four (4) hours prior to surgery.

Medication:

- Most medication should be continued on the day of your cataract surgery. Some blood thinning medications, such as Warfarin or Aspirin, and Diabetes medication may need to be modified around the time of surgery and should be discussed with the doctor at the pre-operative appointment. Blood pressure medication may be taken as normal with a small sip of water.
- Please bring your medication to the hospital with you.

The hospital or day surgery facility will contact you a day or two before your scheduled surgery to confirm an admission time with you.